

# Exclusive Opportunity for Minnesota Home Visiting Programs

## Executive Functioning Across Generations™ - Virtual Pilot

**A partnership with MN Coalition for Family Home Visiting and  
the Medica Foundation**

**For immediate release**

### **Background:**

Home visiting programs in Minnesota will have an exclusive opportunity to pilot an innovative brain science intervention within their programs: the **Virtual Home Visiting Adaptation of [Executive Functioning Across Generations™](#)**. Developed by The Family Partnership (TFP) in Minneapolis, Executive Functioning Across Generations™ was originally developed to provide preschool children and their caregivers with a boost in [executive function and self-regulation skills](#). In October 2021, Minnesota Council on Nonprofits (MCN) recognized The Family Partnership as the winner of its 2021 Nonprofit Mission Award for Innovation for its Executive Functioning Across Generations™ model.

Because executive function and self-regulation skills are language-based, the curriculum focuses on:

- Building awareness and increasing use of Internal State Words, the building blocks of executive function
- Skill development in creating personal narratives about emotionally significant events, as this skill increases self-regulation capability
- Mindfulness activities for all ages that increase capacity to buffer oneself and children against toxic stress

With support from Harvard Center on the Developing Child-Frontiers of Innovation in 2019-2021, TFP:

- Developed home visiting and parenting group adaptations of the original curriculum
- Conducted successful feasibility pilots of the adaptations in four states, including Minnesota using Healthy Families America (HFA) in three program sites
- Consulted with MN Coalition for Family Home Visiting and the Medica Foundation to prepare for statewide home visiting pilots in Minnesota

### **The Opportunity:**

The Family Partnership is ready to expand pilots of the Home Visiting Adaptation of Executive Functioning Across Generations **statewide in Minnesota**. TFP seeks three home visiting programs in

Minnesota that would like to pilot an intervention to boost executive function/self-regulation skills in parents of 3-5 year olds. The intervention is delivered in 10 sessions of about 45 minutes each. Sessions can be delivered at a pace appropriate for your home visiting program, but our goal is to complete pilots in the first six months of 2022.

Any home visiting program in Minnesota, serving families with children ages 3-5, is eligible to apply for this program enhancement. The 3-5 year old does NOT need to be the primary child in the family targeted by your home visiting program.

Geographic and cultural diversity among populations served is an asset in this pilot. We seek to recruit home visiting programs in northern, central, and southern MN. Indigenous and other culturally-specific programs within these regions are encouraged to apply.

### **Participation Requirements:**

*Below is a list of requirements for participating home visiting programs.*

#### For Sites:

- Sites will recruit 10 households with a parent participant and a child ages 3-5 in the household.
- Data collection will occur before the first session and after the last session with parent and child.
- Identify a point person to coordinate data collection activities.

#### For Home Visitors:

- Receive training in brain science concepts, and about model and how to deliver it, through 2 three-hour live sessions with facilitators.
- Participate in 2-3 one hour feedback and technical assistance sessions with the model developer and evaluators during the period of curriculum delivery.
- Deliver ten 45 minute home visiting curriculum sessions to each parent. Content is delivered virtually through video chat using a laptop or tablet provided by the program.
- Complete a brief session log after each session is delivered to a family.

#### For Families:

- Parents will participate in the pre/post intervention data collection and in 10 curriculum sessions
- The child does NOT directly participate in the curriculum.
- Children will participate in parent-child activities between sessions.
- Children will participate in pre/post intervention executive functioning testing using the fun and easy to use Minnesota Executive Function Scale app.

### **Support for Home Visiting Programs:**

- Participating home visiting programs will have access to the Virtual Parenting Adaptation of Executive Functioning Across Generations™ – access to the curriculum materials.

- Consultation in advance of implementation to ensure a good experience in the pilot
- Training for staff who implement the curriculum
- Coaching during the implementation process
- Simple tools and forms to complete pre/post evaluation activities
- Credit as a pilot site in publications and presentations about the adaptation
- Continued access to the curriculum materials to use after the pilots conclude
- Funds to support implementation at each pilot site include:
  - \$1,500 for children’s books
  - \$1,500 for incentives for curriculum facilitators and for parents
  - \$1,800 for tablet procurement
  - Costs of training and licensing staff to use of Minnesota Executive Function Scale app

**How to Apply:** To submit an application for your home visiting program, please create a MS Word or PDF document and answer the questions below.

Applications should be emailed to John Everett Till, Senior VP of Strategy & Innovation, The Family Partnership, at [jtill@thefamilypartnership.org](mailto:jtill@thefamilypartnership.org). Call 612-728-2086 if you have questions.

Application window is open from 11/1/21-12/15/21.

**Application Questions:**

1. **Program Name, Organization Name, Street Address, Website Address**
2. **Primary Contact for the application: Name, Title, Phone Number, Email**
3. **What home visiting model do you use? What experience do your home visitors have with implementing evidence-based or evidence-informed home visiting models? (100 words maximum)**
4. **What geography and populations do you serve? What languages do the families you serve speak? (100 words maximum)**
5. **Are you operating virtually, in-person, or using a hybrid home visiting approach at present? (choose one)**
6. **How much experience do you have serving families with a child ages 3-5? (100 words maximum)**
7. **What systems and methods do staff use to collect program data? What data systems do you use in your home visiting program? (100 words maximum)**
8. **Do you have an organizational “point person” who is responsible for data and evaluation activities? (25 words maximum)**
9. **How familiar is your program staff with brain science concepts including executive function/self-regulation, ACEs, and toxic stress? How might your program benefit from implementing a brain science-informed approach like Executive Functioning Across Generations? (100 words maximum)**
10. **Please feel free to tell us anything else you’d like to about your program, organization, or staff. (100 words maximum)**