



The proven toolkit for building lifelong resilience and focus

PRESCHOOL

HOME VISITING

PARENTING GROUPS

ECFE

EGG works by helping children develop executive function and self-regulation skills during the critical years of early childhood, the stage when brain development is at its fastest and most foundational.

EGG, short for “Empowering Generational Greatness,” was hatched in 2017 by John Everett Till of The Family Partnership and Christine Wing, CCC, SLP, PhD, in collaboration with early childhood educators and leading experts in brain science, child development, and curriculum design. Each toolkit includes professional development for teachers or facilitators, along with all the materials needed to implement EGG across the school year.

Designed for children ages 3 to 5, EGG contains fun, flexible, and science-backed lessons that work in as little as 30 minutes per day.

Through activities focused on language, storytelling, and mindfulness, EGG helps children build focus and resilience: key capacities for success in school and life. When children learn how to share their thoughts, reflect on their behavior, and regulate their bodies, they experience fewer meltdowns and bounce back faster when they are upset. As a result, the learning process is more joyful and caregivers feel successful.

At the same time, EGG helps children to form a strong foundation for kindergarten readiness, addressing over half of preschool competency standards across multiple domains.

CURRICULUM AND PILOT PARTNERS



Proven results, backed by science

Research shows that EGG increases executive function skills. These promising findings are especially significant for children who have experienced trauma.

Brain science research shows that Adverse Childhood Experiences (ACEs) disrupt the development of executive function and self-regulation skills. Children with higher rates of ACEs may experience worse outcomes in school and face greater risks lasting into adulthood that include heart disease, depression, and substance abuse.

EGG helps to buffer children against the harmful impacts of ACEs, closing opportunity gaps in childhood and supporting a lifetime of better outcomes for physical, mental, and behavioral health.

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I heard the kids using more vocabulary and being more in-tune with how they felt.

Head Start Teacher, San Antonio, TX



CHILDREN
USE THEIR
WORDS

CHILDREN
TELL THEIR
STORIES

CHILDREN
MAKE
HEALTHY
CHOICES

- The Center for Early Education and Development at the University of Minnesota found that EGG Toolkit demonstrated a significant impact on emotional descriptive language, positive age-appropriate behavior, and personal narration—all highly correlated with executive function skills
- Language sample analysis by Salt Software determined the complexity of children’s narratives increased after using EGG Toolkit
- Results from the Minnesota Executive Functioning Scale app showed that children who started below the age-adjusted median for executive function scored above the age-adjusted national median after using EGG Toolkit

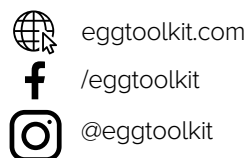
WANT TO LEARN MORE?

Be the first to hear updates by signing up for our newsletter on the website or following us on social media. For more information on EGG Toolkit contact John Everett Till, EGG Enterprise Manager and SVP of Strategy and Innovation at The Family Partnership.



Email: jtill@thefamilypartnership.org
LinkedIn: /jetmn
Phone: 612.728.2086

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